

Understanding Autism Spectrum Disorder (ASD): **Workshops for parents and carers**

These two hour workshops offer support and information for parents and carers of children with Autism Spectrum Disorder. The workshops will be run by Speech and Language Therapists and other professionals.

- **Come along and meet other parents**
- **Find out strategies and ways to support your child**
- **Have the opportunity to ask questions**

June 26th 2017: Transition to secondary school – this workshop will provide ideas about how to support your child in their transition from primary to secondary school

July 26th 2017: Girls and ASD – this workshop will focus on how girls with ASD may present differently to boys and outline strategies.

30th August 2017: Behavioural feeding difficulties and ASD – this workshop will help you understand your child's behavioural eating difficulties/ extreme food refusal and offer strategies and advice

25th September 2017: Early communication skills – this workshop will provide ideas and support parents of children and young people who may be non-verbal or have a few words

19th October 2017: Sleep and ASD – this workshop will help you understand sleep difficulties and how to develop your child's sleep pattern and will be run by a Paediatrician and Clinical Psychologist

27th November 2017: Visuals – this workshop is an opportunity for you to make visuals to support your child's communication

18th December 2017: Behaviour and ASD – this workshop will help you understand your child's behaviour and will offer advice and strategies to help and will be run by a Clinical Psychologist and a Speech and Language Therapist

Time: 10:00 – 12:00

Where: Mary Sheridan Centre, 5 Dugard Way, London, SE11 4TH

These sessions are drop in so there is no need to book a place. These sessions are for parents only as unfortunately we are unable to accommodate children.