**Free Wheelchair Skills Clubs:**

These clubs are for young people who want a safe space to practice, and we offer them to wheelchair users between 2 and 25 years.

This club is open to all, meaning that those full, part time and occasional wheelchair users; those who rely 1:1 support with skills and can’t self-propel; and those really advanced wheelchair users who want a safe space to practice wheelies, are all welcome!

**For experienced wheelchair users:** Share your skills, practice wheelies, accepting and declining help, mastering kerbs

**For inexperienced wheelchair users:** Stopping/starting, changing direction, managing speed, develop confidence, road safety, mastering different services

**For assisted Wheelchair users:** developing confidence, communication, directing your support to stop, start and change direction, body positioning

**NEXT DATES:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Holiday** | **Venue** | **Dates** | **Venue** | **Dates** |
| **Half Term** | Brent | 13th and 15th February | Croydon | 12th and 14th February |
| **Easter** | Hackney | 10th and 12th April | Kingston | 11th and 13th April |
| **Summer Half Term** | Brent | 30th May and 1st June | Croydon | 31st May and 2nd June |
| **Summer** | Hackney | 1st and 8th August | Kingston | 3rd and 10th August |
| **Summer** | Croydon | 15th and 22nd August | Brent | 17th and 24th August |
| **Advanced** | TBC - Central | 16th September |  |  |
| **Autumn Half term** | Hackney | 23rd and 25th October | Kingston | 24th and 26th October |

**Free Youth Clubs:**

These clubs are for people who want to meet up and try new activities with other young people, and are for wheelchair users aged between 8 and 25 years.

Healthcare Support is provided at these clubs, specifically support with additional medical needs.

Our free youth clubs cover a host of fun and exciting activities that include wheelchair tennis, wheelchair dance, drama workshops, art, graffiti arts, music, cinema trips and days out, all decided upon and curated by our young people.

Our youth clubs adapt to the needs of the group: The trainer ensures all activities are accessible to all our young people.

**London Club Locations:**

|  |  |  |  |
| --- | --- | --- | --- |
| North East London:  Hackney  To be confirmed | North West London:  Village School  Grove Park, Kingsbury, London NW9 0JY | South West London:  Bedelsford School  Grange Rd,  Kingston upon Thames  KT1 2QZ | South London:  St Giles School,  Pampisford Rd,  South Croydon  CR2 6DF |

**Next Dates:**

|  |  |  |
| --- | --- | --- |
| 28th January 2017  **What you want to do for the year** | Croydon—South London | Brent -North West London |
| 25th February 2017  **What you want to do for the year** | Hackney—North East London | Kingston—South West London |
| 25th March 2017  **Activity to be confirmed in January** | Croydon—South London | Brent -North West London |
| 1st April 2017  **Activity to be confirmed in February** | Hackney—North East London | Kingston—South West London |
| 20th May 2017  **Activity to be confirmed in January** | Croydon—South London | Brent -North West London |
| 24th June 2017  **Activity to be confirmed in February** | Hackney—North East London | Kingston—South West London |

If you are interested in attending any of these events, please **email me** confirmation a **minimum of two weeks in advance** and I will confirm your place.

If you have any additional medical needs or require 1:1 support with activities please let me know in advance to discuss how we may be able to support you.

Many Thanks

Hannah

**Hannah Smyth | Regional Services Coordinator – London and Southend**

**Whizz-Ki*dz***

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