Contact For families with disabled children



Thames Clipper and Greenwich Day Out - Wednesday 25 July

http://www.visitgreenwich.org.uk/

We have organised a trip on the Thames Clipper and a day out in Greenwich. The Thames Clipper is a great way to see all the great London landmarks: the London Eye, Houses of Parliament, St Paul's Cathedral. Disembarking at Greenwich, you can spend the day visiting all the attractions: Cutty Sark, the National Maritime Museum, the Planetarium, the Royal Observatory, Greenwich Market, the Fan Museum, and of course stunning Greenwich Park.



We ask that families make their own way to the London Eye and meet us there at 11am for the 11.20am Thames Clipper departure to Greenwich pier. From there, enjoy your day out in Greenwich we will meet at 4pm at the ferry terminal to return back to the London Eye—please let us know if you intend to return alone—you will need to buy separate tickets if so. All details with public transport information will be given in the confirmation letter.

Address: Westminster Bridge Rd, London SE1 7PB

Pparents/carers: £15. Children 5 and over: £7

Kew Gardens - Thursday 26 July

http://www.kew.org/

There is so much to see on a day out at Kew: Kew Palace, the Pagoda (reopening in all it's former glory), Botanical art, the Arboretum, the Waterlily House, the Palm House, the Princess of Wales Conservatory, Davis Alpine House and the Treetop Walk, not to mention the gold medal winning Bee Hive: an immersive, multisensory experience inspired by groundbreaking UK scientific research into the health of bees and the reopening of Temperate House after a 5 year restoration. There is so much space for the kids to run around in and explore. A fantastic day out for all.



We ask that families make their own way to Kew Gardens and meet us at the Victoria Gate entrance for a 10am entry. All details with public transport information will be given in the confirmation letter.

Address: Kew Gardens, Kew, Richmond, Surrey TW9 3AB

Parents, carers and children: £3 each

PeckhamPlex - Friday 27th July

http://www.peckhamplex.com/

We have arranged a trip to PeckhamPlex to see Jurassic World: Fallen Kingdom. It's been four years since theme park and luxury resort Jurassic World was destroyed by dinosaurs out of containment. Isla Nublar now sits abandoned by humans while the surviving dinosaurs fend for themselves in the jungles. Rated 12A. (The British Board of Film Classification (BBFC) considers the content of 12A rated



films to be suitable for children aged 12 and over, and would not recommend taking very young children to see them. Works classified at these categories may upset children under 12 or contain material which many parents will find unsuitable for them. Adults planning to take a child under 12 to view a 12A film should consider whether the film is suitable for that child. To help adults make this decision, the BBFC provides insight for all films.)

We ask that families make their own way to Peckham Plex and meet us outside the front entrance around 9.45am for a 10am film start. All details with public transport information will be given in the confirmation letter.

Parents, carers and children: £5 each

Children's Play Day - Wednesday 1st August Coram Fields

https://www.coramsfields.org/

This huge park right slap bang in the middle of London between Kings Cross and Holborn is the perfect spot to keep the kids entertained on a sunny summer's day. As well as plenty of grass to run off all their energy (and rides for the little ones), there is also a large adventure playground for the older ones. Climbing frames, sandpits and paddling pools. Get a drink or ice cream on us.

We ask that families make their own way to Coram's Field and meet us there by 12pm. All details with public transport information will be given in the confirmation letter.

Address: 93 Guilford St, London WC1N 1DN

Parents/carers and children: £2 refundable upon attending deposit per person.

Battersea Park Recumbant Hire—Thursday 2nd August

Join us for a lovely day out at Battersea Park. There are many things to do here, including visiting the Pagoda, and the excellent children's playground. We have booked an hour's go-kart/cycling session with London Recumbants at a special discounted rate in the park at 12pm, for families who would like to attend.

Address: London SW11 4NJ

Special hourly rate to hire a single bike/go-kart: £10

To hire a tandem (for 2 people): £20



Horniman Museum and Gardens – Friday 3rd August

The *Horniman Museum* and Gardens is a fascinating, family-friendly attraction in South London's Forest Hill. They have collections of anthropology, musical instruments, and natural history, and also an aquarium, 16-acre gardens, and animal enclosure.



We ask that families make their own way to the museum and that we meet outside the Group Entrance to enter the museum at 11am. All details with public transport information will be given in the confirmation letter.

Address: 100 London Rd, Forest Hill, London SE23 3PQ

Parents, carers, and children over 2 years of age: £2 refundable upon attending deposit per person.

Richmond Park—Wednesday 8th August

Escape to the great outdoors in Richmond Park with its wide open spaces, grass-lands and deer herds, just a stone's throw from central London. The park is a top UK site for ancient trees and supports a range of rare species including fungi, birds, beetles, bats, grasses and wildflowers. Discover the Isabella Plantation woodland gardens, refuel at Pembrooke Lodge tea rooms and enjoy distant views of St Paul's Cathedral from King Henry's Mound.

All details with transport information will be given in the confirmation letter.

Parents and carers: £2 refundable upon attending deposit per person.



London Play Go Kart Day – Thursday 9th August

London Play, London's leading charity promoting children's play is having their annual Go Kart Day. 10 children and their families from Contact a Family Southwark will compete as a team against other London teams to build a go—kart from scratch and then race it. Prizes for the winning team. Those of you not competing, come to experience the park – set in 32 acres of countryside in the heart of East London, Mudchute is a community charity, with a working farm, stables, a children's nursery, café and a wide range of educational activities. Mudchute represents a wide range of habitats, from wetlands and woodlands to open meadows and field margins.



We ask that families make their own way to the park. We will meet at the Mudchute DLR Entrance at 10.45am. All details with public transport information will be given in the confirmation letter.

Address: Mudchute Farm, Pier St, London E14 3HP

Parents/carers, adults and children over 2 years of age: £2 per person.

Chelsea FC Stadium Tour – Friday 10th August

http://www.chelseafc.com/the-club/stadium-tours-museum.html

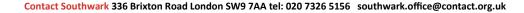
The tour of Stamford Bridge is not to be missed. Home of the Blues, it's a fun, informative and unforgettable experience en-

joyed by sports fans of all ages from all over the world. The guided hour-long tour will take you behind the scenes at one of the world's greatest football clubs, giving you access to areas normally reserved for players and officials. Along the way you will visit various stands in the stadium, the press room, home and away dressing rooms, the tunnel and dug-out areas. The tour includes entry to the Museum, giving you the chance to see how Chelsea has evolved on and off the pitch over the years.

We ask that families make their own way to the stadium. We will meet outside at 11am. Please do not be late as it could mean that your forfeit your right to attend the tour. All details with public transport information will be given in the confirmation letter.

Address: Stamford Bridge, Fulham Road, London, SW6 1HS

Parents, carers and children: £10 per person. Children under 5 go free.



Wetlands Centre—Barnes - Wednesday 15th August

http://www.wwt.org.uk/wetland-centres/london/

An urban oasis for wildlife and people, just 10 minutes from Hammersmith. Stroll among the lakes, ponds and gardens. The café is perfect for relaxing, and kids will love the fantastic play areas.

We ask that families make their own way to the centre. We will meet outside the venue at 11am and enter as a group. All details with public transport information will be given in the confirmation letter.

Address: Queen Elizabeth's Walk, Barnes, London SW13 9WT.

Parents and carers: £8 per person. Charges for children: £5 per person.



Cycle Confident Coffee Afternoon, Burgess Park -

Thursday 16th August

Come to Burgess Park for a relaxing day in the sun. Let your children play in the play-ground and grab a drink from the café. At 2.45pm, there will be cycling lessons available at the usual spot, next to the old adventure playground. Learn how to ride a bike, improve your skills and have fun!



We ask that families make their own way to the Burgess Park café for 1.30pm. All details with public transport information will be given in the confirmation letter.

Parents and carers: £1 refundable upon attending deposit per person.

Legoland – Friday 17th August

Legoland is a kid's dream! Best enjoyed by children between 3 and 11 years of age, visit the Dragon Ride, Pirate Falls, Vikings

River Splash and the Driving School first to miss the queues. The Harbour show is always fun for everyone. Visit the adventure playground at Castaway Camp. Loki's Labyrinth is the maze within the Land of the Vikings. The Enchanted Forest is good for a slow quiet wander, full of Lego animals. Mini Land is brilliant. Loads of moving boats, cars and trains moving all around a superb model village made of lego bricks. Water Works – get the swimming costumes on and let them run in and out of the water jets, great fun and us adults get to sit and watch the mayhem! Bring sun block and swimming costumes. Model Makers Workshop is a lot of fun. There is usually a show of some sort at the Im-



agination Theatre - gives you a chance to sit down! The Discovery Zone is chance to play, build and learn with Lego.

Leaving around 9am from Camberwell and arriving back around 7.30pm. All details with public transport information will be given in the confirmation letter.

Address: Winkfield Road, Windsor, Berkshire, SL4 4AY

Parents/carers: £30 each. Charges for children: £20 each.

London Transport Museum – Wednesday 22nd August

http://www.ltmuseum.co.uk/

The London Transport Museum is a great place to explore for all ages: All Aboard is our new family play zone for children aged 0-7. Children can enjoy an interactive fleet of mini vehicles, drive a real bus, and dress up in uniforms to become a mechanic, riverboat captain, station announcer or driver. All Aboard is located on the ground floor and level 1 of the Museum. Look out for the Baby DLR the Museum's first dedicated area for babies. The free stamper trail will help you follow the story told in the museum displays. To begin your journey, take the lift back in time to level 2. The family station offers creative paper-based activities for you to do as you explore. It is normally located in front of the Transportorium, beside the black taxi on the ground floor.



We ask that families make their own way to the museum and that we meet outside the entrance in Covent Garden at 10.15am.

Address: Covent Garden Piazza, London WC2E 7BB

Parents and carers: £5 per adult. Children under 17 go free.

Crystal Palace Park – Thursday 23rd August

https://en.wikipedia.org/wiki/Crystal_Palace_Park

Crystal Palace Park is a large, beautiful park, consisting of the open site of the former Crystal Palace designed by Sir Joseph Paxton, the Grand Terraces and central axis, statues of prehistoric monsters, geological strata, open parkland and pathways, sport and recreation facilities, playground, maze and café.



We ask that families make their own way to the park and that we meet at 12pm at the top entrance to the left of the bus terminal on Crystal Palace Parade (left when you are facing the park). All details with public transport information will be given in the confirmation letter.

Address: Anerley Hill, London SE19 2BA

Parents and carers: £1 refundable upon attending deposit per person.

Margate - Friday 24th August

These days, Margate fizzes with artistic energy. To traditional, holiday-town charms, add a world-class art gallery. To sandy beaches and sparkling bays, add a cool café culture and tempting retro shops. It's exciting, it's energising and you're invited to take part. The internationally-acclaimed Turner Contemporary, brilliantly showcasing historical and ultra-modern work. It's brought together pieces by JMW Turner, so famously inspired by Margate's stunning seascapes, and avant-garde local artist Tracey Emin. The regeneration continues with the revival of Dreamland. 'The UK's original Pleasure Park' with historic rides, classic side shows, eateries and evocative spaces set within a landscape ideal for hosting themed festivals and special events.



Leaving around 9am from Camberwell and arriving back around 7.30pm. All details with public transport information will be given in the confirmation letter.

Address: Margate

Parents, carers and children: £15 per person

London Eye – Wednesday 29th August

Join us for an evening trip on the London Eye to watch the sunset across London. The structure is 443 feet (135 m) tall and the wheel has a diameter of 394 feet (120 m). When it opened to the public in 2000 it was the world's tallest Ferris wheel. Its height was surpassed by the 525-foot (160 m) Star of Nanchang in 2006, the 541-foot (165 m) Singapore Flyer in 2008, and the 550-foot (167.6 m) High Roller (Las Vegas) in 2014. Supported by an A-frame on one side only, unlike the taller Nanchang and Singapore wheels, the Eye is described by its operators as "the world's tallest cantilevered observation wheel".

We ask that families meet us in front of the London Eye at 7.15pm. Once you have finished your experience, don't forget to check out the 4D experience, included as part of your ticket.

Address: Lambeth SE1 7PB

Parents, carers and children: £3 each

Chislehurst Caves – Thursday 30th August

https://bit.ly/2vXQdUu

Chislehurst Caves is a twenty-two mile- long series of intersecting tunnels in Chislehurst, Bromley, in Southeast London, England. They were used for chalk and flint mining from the 13th to 19th centuries. We will have a lamplit tour of the tunnels (not all of them!). As the floors in the caves are uneven, pushchair and wheelchair uses may find it tricky in negotiating the caves.

We will meet at London Bridge Station and go to Chislehurst Station together on the train and the caves are a 5 minutes walk from there. We may have a little while to wait once we arrive as the tour will begin on the hour, but there is a café and a little shop that you can purchase food and drink from. All details with public transport information will be given in the confirmation letter.



Address: Old Hill, Chislehurst, Kent BR7 5NL

Parents, carers and children: £4 per person

Peckham Plex – Friday 31st August

http://www.peckhamplex.com/

We have arranged a trip to Peckham Plex to see Christopher Robin. A working-class family man, *Christopher Robin*, encounters his childhood friend Winnie-the-Pooh, who helps him to rediscover the joys of life. Rated U. The British Board of Film Classification (BBFC) considers that a U film should be suitable for audiences aged four years and over. However, it is impossible to predict what might upset a particular child, especially at this lower end of the category range.



We ask that families make their own way to PeckhamPlex and meet us outside the front entrance around 9.45am for a 10am film start. All details with public transport information will be given in the confirmation letter.

Address: 95A Rye Ln, London SE15 4ST

Parents/carers, adults and children over 2 years of age: £5 per person.

Booking form Terms & Conditions

Contact events and activities

- 1. Parents and carers are responsible for their children at all times.
- 2. Families should be prepared for events, and bring appropriate clothing, footwear, spare money, bottled water, sun cream etc if appropriate. Families will be notified of any special requirements.
- Under no circumstances will staff tolerate verbal or physical abuse from children, parents and carers or other relatives during family outings or other activities organised by Contact.
- 4. The behaviour of children, parents and carers, or other relatives when attending an event or activity should not affect the Health & Safety or wellbeing of others.
- 5. Parents and carers will be responsible for any damage they or their children cause on an event or activity, either through negligence or deliberate action.
- 6. Under no circumstances will Contact tolerate the consumption of alcoholic beverages whilst attending any events unless this is specifically agreed in advance as part of the activity e.g. a parents meal at a restaurant.
- 7. Please note that Contact cannot be held responsible for any items that have been lost or stolen during an event or activity.
- 8. Under no circumstances will Contact tolerate any acts of criminal conduct of any kind and will report criminal activity if necessary.
- 9. Contact staff, and any organised transport, will not wait for families or individuals who are late and have been informed of the arrival and departure times.
- 10. Under no circumstances should parents and carers behave in a way which could bring the organisation into disrepute.
- 11. In exceptional circumstances it may be necessary to cancel an event at short notice. Families will be advised by staff of any changes to an event, and must follow appropriate instructions.
- 12. Families attending events must abide by instructions issued by Contact staff and, in addition, adhere to any specific instructions relating to hired transport, such as use of car seats or seatbelts on coaches, consumption of food and drink etc.
- 13. Please note failure to adhere to the above could result in you and your family being sent home from the event and you incurring the transport costs to do so.

Booking Form for Family Trips

Please fully complete both sides of the booking for, sign and return to the Southwark office: Contact Southwark, 336 Brixton Road, London SW9 7AA. Name of parent/carer attending the trip______ Second parent/carer attending the trip______ Full address: ______ Email address: ______ Mobile number: ______ Home telephone _____ Do you require the help/assistance of our volunteers during the trip? ______ Child's age Disability/Special Name of Child Date of birth: Plus all siblings and gender: Need if any: attending the trip: 2. 3. 4.

	5.				
	6.				
	7.				
	8.				
	9.				
(Please use a	nother sheet if yo	u need to add mor	e siblings to the li	st and attach to th	iis page)
Total number	of people attend	ing trip	<u></u>		
Are there any	wheelchair users	attending these to	rips?		
		nd and Southend o families will need			transport has alread [,] e.

y been included in

The office will inform all families of their places during the week beginning the 25th June 2018. Please complete the booking form on the following page and return to the office on or before Friday 15th June 2018. Once confirmed on a trip you will need to pay for your place and pick up your confirmation letter from the office. All payments must be made by Friday 22nd June 2018.

Please indicate which trip(s) you would like to go to in order of preference. Please number the trips from 1-19, with 1 being your first preference and 19 your last preference. If you do not want to attend a particular trip, please leave the box blank or cross out.

Family Outing	Date	Charge	Total cost per trip	Please number your choice (1, 2, 3, 4 etc)
Thames Clipper and Greenwich Day Out	25 July 2018	Parents, carers: £15 each Children between 5 -15: £7 each	£	
Kew Gardens	26 July 2018	Parents, carers, children: £ 3 each	£	
PeckhamPlex	27 July 2018	Parents, carers, children over 2 years of age: £5 each	£	
National Children's Play Day—Coram's Field	1 August 2018	Parents, carers, children over 2 years of age: £2 each (refundable upon attending)	£	
Battersea Park Recumbant Hire	2 August 2018	Single bike: £10 Tandem:£20	£	
Horniman Museum and Gardens	3 August 2018	Parents, carers and children over 2 years of age: £2 each (refundable upon attending)	£	
Richmond Park	8 August 2018	Parents, carers and children over 2 years of age: £2 each(refundable upon attending)	£	
London Play's Go Karting Day	9 August 2018	Parents and carers and children: £2 each	£	
Chelsea FC Stadium Tour	10 August 2018	Parents, carers and children over 5: £10 each	£	
Wetlands Centre— Barnes	15 August 2018	Parents, and carers: £8 and children over 2 years of age: £5 each	£	
Picnic in the Park and Cycle Confident, Burgess Park	16 August 2018	Parents, carers and children: £1 each (refundable upon attending)	£	

Legoland	17 August 2018	Parents, carers:£30 each Children: £20	£	
London Transport Museum	22 August 2018	Parents: £5 Children go free	£	
Crystal Palace Park	23 August 2018	Parents, carers and children: £1 each (refundable upon attending)	£	
Margate	24 August 2018	Parents, carers and children: £15	£	
London Eye	29 August 2018	Parents, carers and children: £3 each	£	
Chistlehurst Caves	30 August 2018	Parents, carers and children: £4 each	£	
PeckhamPlex	31 August 2018	Parents, carers and children over 2: £5 each	£	

Total money due:						
itions set out for trips by Contact, venues and transport and I will be nes.						
Date						
Contact to use any photos taken of my family and I at these events for						
Date						
r						

HOW WOULD YOU LIKE TO HEAR FROM US? By email: Yes/No By post: Yes/No By phone: Yes/No By SMS: Yes/ No

At Contact we are committed to protecting your privacy. Personal information which you supply to us may be used in a number of ways, for example: where necessary to provide you with a service or to administer your donations; to keep a record of your contact with us or to get in touch where it is in our legitimate interest to do so; or to send you enewsletters or marketing communications if you have consented to receive them. We will never sell your personal data to other organisations. For further information on how your information is used and your rights with regards to your information, please see https://contact.org.uk/privacy/ or email dp@contact.org.uk