

Take part in **FREE**
Challenging Behaviour Workshops
to **understand** challenging behaviour and
learn skills to **prevent** & **respond to** your child's behaviour

16th Nov & 30th Nov in Lewisham

23rd Nov & 14th Dec in Waterloo

7th Dec & 11th Jan in Orpington

Workshops are held 10am - 2.30pm

This is a 2 part workshop - you will need to
attend both dates. Workshops are free.

For parents, grandparents or siblings of children
and young people (up to 25 years old) who
have moderate to severe learning disabilities.



- * Improve your family life *
- * Reduce challenging behaviour *
- * Gain confidence in supporting your child *



To apply to attend or find out more:

Apply online: www.surveymonkey.co.uk/r/SELworkshopsCBF

Call: **0300 666 0126** or Email: workshops@thecbf.org.uk



Funded by:

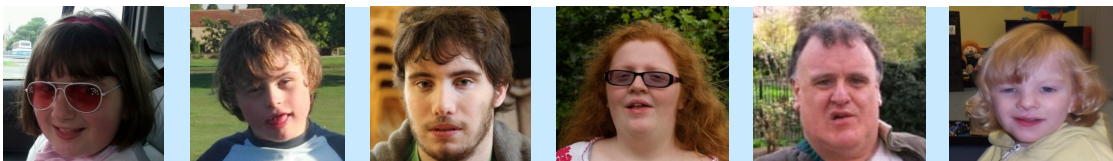


**Our Healthier
South East London**
Sustainability and Transformation Partnership

Workshops will be led by the *Challenging Behaviour Foundation*, for the South East London Transforming Care Partnership: A partnership of NHS providers and CCG serving the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham & Southwark, with NHS England



The Challenging Behaviour Foundation
making a difference to the lives of people with severe learning disabilities



Family Support Service

You can call us on **0300 666 0126**
or email support@theCBF.org.uk
9am-5pm Monday-Thursday
9am-3pm on a Friday

We offer non-judgemental, confidential telephone and email support, with an interpretation service if English is not your first language.

We have a range of **information resources** about behaviour support and related issues

- free of charge to family carers in the UK
- view online at www.challengingbehaviour.org.uk
- order by post or email

Join the **Family Carers' Email Network** to share experiences, information and receive support

We are the charity for people with severe learning disabilities who display behaviour described as challenging.

Registered charity in England and Wales: 1060714

