



AUTISM PUBERTY, SEXUAL WELLBEING AND RELATIONSHIPS

For parents of a child on the autistic spectrum, coping with the onset of puberty and their child's emerging sexuality can be challenging. Knowing what to teach, how/when to teach it and what to expect can be daunting.

These three sessions have a different delivery style to the Cygnet core programme. Because of the nature of the subject matter it was felt that a far more activity-based approach would put parents at ease more quickly and therefore enhance learning and mutual support.

- **This is a course for parents – your children do not need to attend**
- **It is available to parents with children over the age of 9**
- **It is run face to face 10.00-4.00pm at 160 Tooley St, London, SE1 2QH**

The course will run on the following dates

18/12/23

15/02/24

17/05/24

10/07/24

15/08/24