



# SOCIAL SKILLS

Let's Learn and Play Together

## WHAT IS A SOCIAL SKILLS GROUP?

A small group of 6-8 children learning together how to build and develop their social skills to support communication and interaction with peers and school staff.

## WHAT WILL THEY LEARN?

Group sessions will be tailored to children and families goals. We typically cover: Friendships, Making Conversations, Working with Others (Taking Turns, Boundaries and Empathy) and Thinking Things Through (Choices and Consequences)

## WHY ARE SOCIAL SKILLS IMPORTANT?

Social skills are important for all of us and they enable an individual to make and maintain positive interactions with others. These skills helps us make and keep friends, problem solve when difficulties arise and recognise our own and other's feelings so we can respond in an understanding and caring way.

## WHO IS IT FOR?

The group has been designed for primary aged children with an Autism Spectrum Condition diagnosis, those who are awaiting a diagnosis or those who just need a little extra help to improve their relationships with others in and outside the classroom.

## ANY QUESTIONS

If you have any further questions please contact us:

[MHSTSouthwark@groundwork.org.uk](mailto:MHSTSouthwark@groundwork.org.uk)

