

Welcome to
the **Southwark
Hearing Support
Service (SHSS)**
2023 Autumn One
Newsletter.



WELCOME

Welcome to the Southwark Hearing Support Service (SHSS) 2023 Autumn One Newsletter. In this issue, we suggest some fun activities to get up to during autumn.

Welcome to the new academic year 2023/24. We hope that you all enjoyed your summer.

It is that time of year again when applying to schools is on some of your minds. We covered this in last Autumn 1's newsletter (check it out). It had lots of advice for you. The NDCS also has advice on their website that is very clear and useful.

Information to help you choose a school | Schools and deaf children ([ndcs.org.uk](https://www.ndcs.org.uk))

If you do want to chat about this, please do get in touch with your QToD.

Our Under Five's Group continues to run on the first Monday of every month during term time. We are still lucky to have the great space to use at 1st Place, Chumleigh Gardens (12 Chumleigh Street, SE5 0RN), and we would love to see as many of you with Under 5's as possible from 10:30am until 12:00pm. The next one is on Monday 6th November. We do many fun activities, alongside the opportunity to meet other families, chat to yours and other QToDs and professionals. We are looking to start to offer some training sessions for parents in the future. Let us know if there are particular areas you are interested in.

Best wishes

Southwark Hearing Support Service

A REMINDER OF HOW TO GET IN CONTACT WITH US

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FUN AUTUMN ACTIVITIES

We thought we would share some fun activities for you to get up to this autumn, and they are just in time for the half term break. If you do give any of them a go, please do share a text or pictures. We love seeing photos and videos of what you all get up to.

- Autumn Sensory Bin - Create a great sensory hour for baby with an autumn sensory bin! Grab a basket, box or small bucket and fill it with a mixture of different objects that have different textures, feelings, create different sounds. It will provide your baby with an incredible amount of sensory time to aid development. Fill it up with just a few things such as; Crunchy autumnal leaves, pumpkin innards, rice, a munchkin pumpkin, acorns, pine cones
- There are plenty of leaves around at the moment. Why not try blowing them and playing a ready steady go game. Ready, Steady, Go ... blow the leaf. Little ones will be excited and anticipate what is about to happen. Wait for them to have eye contact/make a sound/say go, after ready steady, and then blow. Encourage them to have a go and blow when you say go.
- Painting leaves, cones etc and using them with paint to print on paper. You can also stick leaves to make a collage or create animal pictures such as a hedgehog.



You can create your own leaves using a marbling method.

www.iheartartscrafts.com/easy-marbled-fall-leaves



- How about some baking? We found a great recipe for some leaf cookies. <https://acultivatednest.com/how-to-make-colorful-fall-leaf-cookies/> or there are more ideas here [Autumnal Baking Ideas | Beech Green Day Nursery \(allaboutchildren.co.uk\)](http://allaboutchildren.co.uk)
- Why not get outside and get up to some adventures. You could have a nature scavenger hunt. There are many parks you could visit or even just as you walk along the streets near where you live. What can you find? You might want to create a list of things to look for and the children can tick them off as they go.
- Don't let the rain stop you from heading out either. Everyone loves jumping in muddy puddles. We all know a rather famous pig who is a fan of this.
- You could even help out nature by building a bug house. www.rspb.org.uk/get-involved/activities/nature-on-your-doorstep/garden-activities/build-a-bug-hotel
www.redtedart.com/simple-bug-hotel-for-kids/

As the weather is getting colder, you can help out the birds by making some bird feeders to put outside.

www.woodlandtrust.org.uk/blog/2019/01/how-to-make-a-bird-feeder/

These are just a few suggestions to get you started. There are so many more things you can get up to with an autumn theme. Pinterest is a great place to find many arts and craft and baking ideas.

Looking forward to hearing about what you get up to.