



Online parent workshops

February to June 2024

February 28th 2024	<u>Technology & Autism- Opportunities and Challenges</u> Introduction into benefits and dangers of computer technologies for our children. Delivered by Ramon Bardolet Computer Technologies Developer
March 4th 2024	<u>Visual Aids & Assistive Technology From parents' perspective</u> How to use visual aids and assistive technology with nonspeaking and speaking autistic individuals to help them organise thoughts, negotiate and make decisions. Delivered by Janet Ternent, parent of an autistic daughter and RfA Co Production lead .
March 14th 2024	<u>Managing Behaviour</u> Introduction into understanding behaviour and support behaviour strategies that can help at home and in the community. Delivered by Emily Rhoades, RfA Behaviour Manager
April 24th 2024	<u>Emotionally Based School Avoidance – EBSA</u> What is EBSA, Risk and Resilience factors for EBSA,

	<p>Early intervention guidance and how families can support, as well as the services that can support.</p> <p>Delivered by Dr Sophie Driver, Senior Educational Psychologist</p>
May 22nd 2024	<p style="text-align: center;"><u>Play Therapy Approach for Parents/Carers</u></p> <p>Using Play Therapy Approach to help parents with strengthening relationships at home. For parents of children of all ages.</p> <p>Delivered by Joseph Jardin Hinds -Play Therapist</p>
June 18th 2024	<p style="text-align: center;"><u>Sleep and autism</u></p> <p>This workshop will help you understand what can promote good sleep and give you strategies to help your autistic children, young people and parents sleep better.</p> <p>Delivered by Kelly Reed Behaviour manager</p>

Parents, family members or carers supporting a child or a young autistic person are invited. These workshops are safe places where you can learn new things and strategies, ask for advice as well as share your experiences with other parents and professionals.

**If you would like to attend or have any queries or suggestions
 please email nazia@resourcesforautism.org.uk
 To complete a referral form please visit our website at
www.resourcesforautism.org.uk**