

## CYGNET – AUTISM PARENT TRAINING

**Do you have a child on the autistic spectrum aged 5 -18 years old?**

**Are you interested in attending a parenting support programme to gain greater understanding of your child's condition?**

'Cygnet' is a parenting course presented by professionals with expertise in the field of autism.

**To attend, the only requirements are that you reside in Southwark and are the parent/carer of a child who is on the autistic spectrum.**

The course runs for six weeks (one day per week) and each session lasts for 2.5 hours. Session topics include:

- What is Autism?
- Communication
- Sensory Issues
- Understanding Behaviour
- Managing Behaviour

**[Click here to register your interest in the training](#)**