

Short Breaks in Southwark

Information session for families and staff
May 2024

What we'll cover

- What are short breaks?
- What we mean by universal, targeted and specialist short breaks and where you can find information about what's available?
- New targeted short breaks services in Southwark
- Criteria for accessing a targeted short break
- How to use the booking platform (EEQU) to register for targeted short breaks
- Feedback on experiences over Easter (to help us improve for summer)
- When an assessment with the All Age Disability Service may be required

What are short breaks?

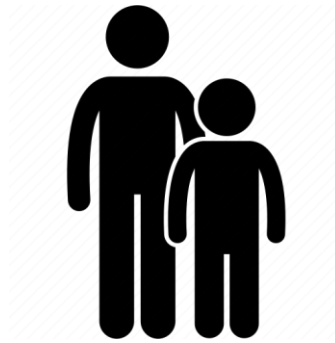
Short breaks are opportunities for disabled children and young people to do something fun and develop their skills and independence, whilst providing parents and carers with a valuable break from their caring role.

Short breaks can range from a few hours to overnight breaks and can take place inside the home or away from it.

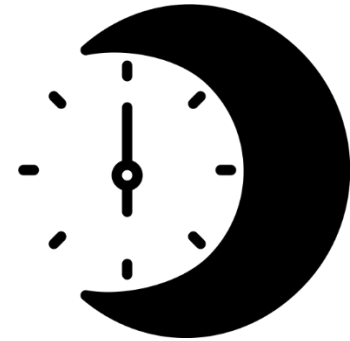
They can include things like:



Afterschool,
weekend and holiday
clubs

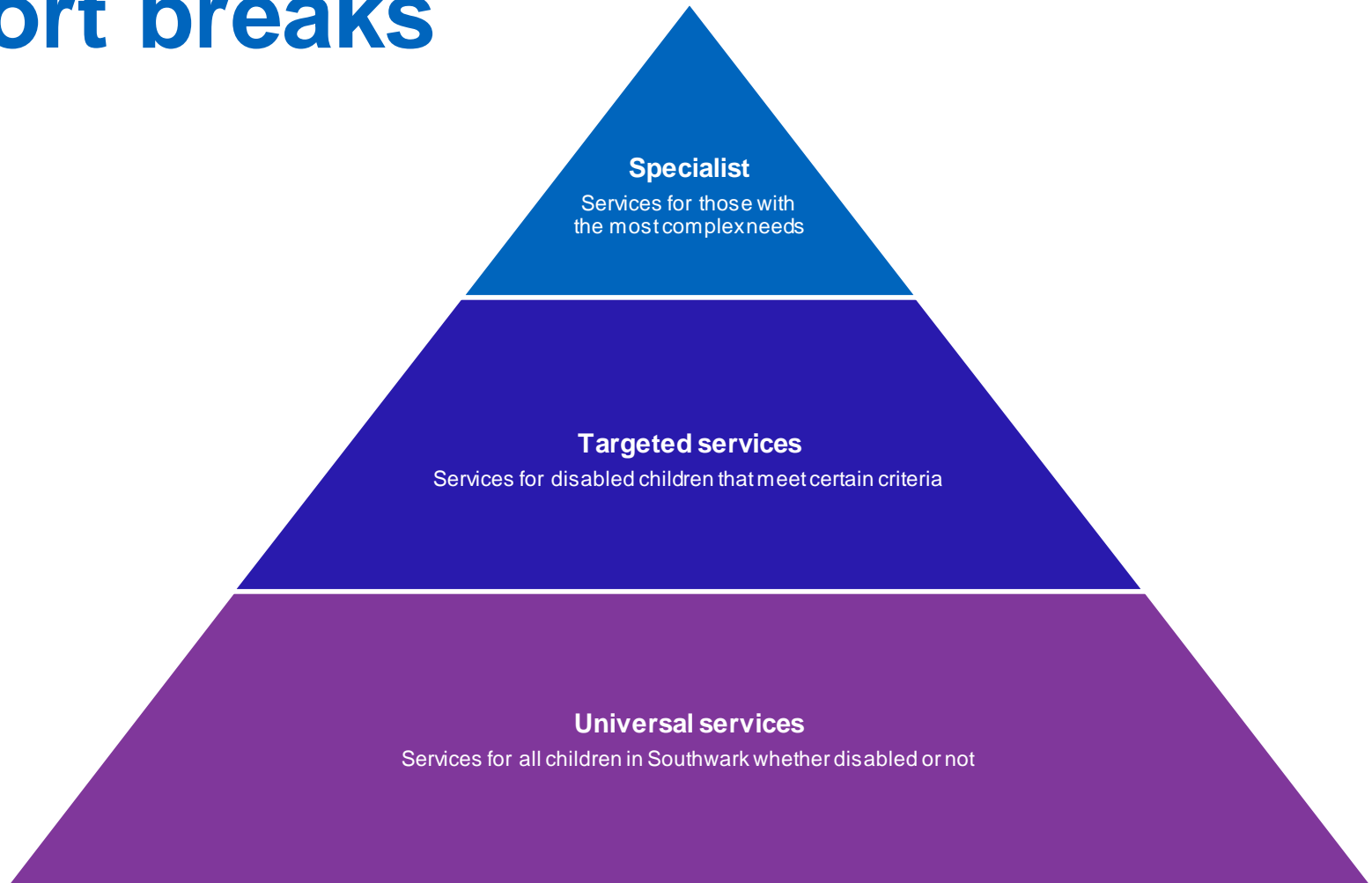


Support from a PA or
support worker to
access community
activities



Overnight breaks

Universal, targeted and specialist short breaks



Universal services

Universal services

Universal services are services for all children in Southwark, whether they have a disability or not. Examples of universal services include

- Stay & plays at children and family centres and family hubs
- Youth clubs
- After-school clubs
- Adventure playgrounds
- Free swim and gym sessions.

Information on universal services can be found on:

- Southwark's childcare webpage - www.southwark.gov.uk/childcare-and-parenting/childcare
- Services for young people webpage - www.southwark.gov.uk/events-culture-and-heritage/services-for-young-people
- 'One Hub' for young people www.onehubsouthwark.co.uk

Providers of universal services are expected to make reasonable adjustments so that children with additional needs can be included.

Targeted services

Targeted services

Targeted services provide activities for children and young people that have additional needs that may not be met within a universal setting.

Examples of targeted services include school holiday, weekend and after-school activities that have **higher staff ratios** and **additional resources** to support children with additional needs.




The social care division at Southwark Council funds some targeted short breaks services for children that meet the eligibility criteria. The general staff ratio is 1:3 or 1:4 but there are also some 1:1 placements for children that have more complex needs.

There are often other targeted activities available which are funded via other parts of the council or external agencies.

Targeted services are listed on Southwark's 'Local Offer'
www.localoffer.southwark.gov.uk

Targeted Short Breaks

Funded via the social care division from 2024-2027

	<ul style="list-style-type: none">- Sport and physical activity clubs after-school, at weekends and during school holidays- Ages 5-18- Activities include dodgeball, basketball, parachute games, football, fitness workouts and more- Support is provided at a general staff ratio of 1 to 4
	<ul style="list-style-type: none">- School holiday play schemes and occasional Saturday sessions- Ages 8-19- Activities include art, crafts, games, sensory activities, yoga and much more.- Support is provided at a general staff ratio of 1 to 3 with a designated number of 1 to 1 placements available each day for children or young people that require a higher level of support.
	<ul style="list-style-type: none">- Varied programme of holiday and Saturday sessions for children and young people that require a higher level of support- Ages 5-19- Support is provided at a ratio of 1 to 1 to meet the needs of children and young people with additional support requirements

Over the holidays there will also be a range of one-off workshops, trips and family events

Eligibility Criteria

To access these activities, children and young people must meet the targeted short breaks eligibility criteria i.e.:

General placement (staff ratio of 1:3 or 1:4)

- 5-19
- Southwark resident
- Has an Education, Health and Care Plan (EHCP)
- Unable to access universal services due to level of need and/or requires additional support

Enhanced placement (staff ratio of 1:1)

In addition to criteria above

- Attend a special school (in or out of borough) and/ or open to All Age Disability Service in Southwark
- Severe or complex learning disability, physical disability and/or health condition

Registering

- Registration is via a new online system call **EEQU**
- The aims of the system are to
 - Improve the booking experience for families
 - Improve equity and transparency
 - Improve management of waiting lists
 - Reduce administration
- For general targeted short breaks provision (support ratio of 1:3 or 1:4), families can register directly with the providers via the booking platform www.eequ.org/southwarkshortbreaks
- Families do not require an assessment with social care/ the All Age Disability Service to access the targeted short breaks offer.
- For enhanced placement (1:1 support) a dedicated link is shared by social workers and special schools.

How to use EEQU

eequ.org/southwarkshortbreaks

Short Breaks Innova... Thriveto25 - Google... Microsoft Office Ho... ATRACSWeb Southwark Short Br... How a practitioner c...

eequ

Search by name of course or Mentor Go to search page

SHOW MAP

OUR LISTINGS


5 listings available

Endorphins SEND club at Spa Camberwell

Helping SEND children thrive
ENDORPHINS LONDON & SOUT...

- London, Greater London
- 8 - 19 years and adults years
- Next date: Saturday, May 4th


Full details and booking >



Sportworks 'Holiday'- Trinity College

Through sport, we make a...
SPORTWORKS

- London, Greater London
- 5 - 18 years years
- Explore, share, message, co-create...




eequ MENU

TREE FROG CONSERVATION GROUP

LISTINGS DATES MAP ABOUT

OUR LISTINGS

5 listings available




Share

HAF Environment Awareness

Wild guide
PROFESSIONAL MENTOR NAME

- Par, Cornwall
- 10 - 14 years
- Next date: Monday, May 8th

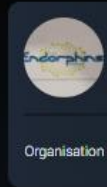
Full details and booking >



Share

ENDORPHINS SEND CLUB AT SPA CAMBERWELL

Arts & Crafts



- London
- For age
- 1 : 1 sup
- Next da
- Funded
- Speciali

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ENDORPHINS SEND CLUB AT SPA...

Mentored by Endorphins London & South East

Organisation links

Southwark Short Breaks >

Ticket information

1 : 1 support

1 : 3 supported group

Create a new account



By creating an account, I agree to the [Eequ's Customer Terms](#) and [Privacy Policy](#).

CREATE ACCOUNT WITH GOOGLE

CREATE ACCOUNT WITH FACEBOOK

CREATE ACCOUNT WITH MICROSOFT

or

First name

Last name

Email address

Password



CREATE ACCOUNT WITH EMAIL

Already have an account?

LOG IN

dates

ed group

£0

£0

SELECT DATES

dates

ed group

£0

£0

SELECT DATES

Select dates



Select your ticket type

Coco Harvey

Select a ticket ^

Subtotal

1 : 3 supported group £0

Total

1 : 1 support £0



Endorphins SEND club at Spa Camberwell

For ages: 8 - 19 years and adults

Mentored by Endorphins London & South East



Sat 04 May 2024

09:00 - 12:00

1 x attendee



Pricing information



Booker information

Add your phone number

Please confirm that you are the parent of the child.
Please contact the provider to book other person supporting the family.

Select an option

Please provide your postcode:

Add your answer here

Please provide the name and number of the contact:

Add your answer here

I have read and accept [Southwark School Information](#)

I accept

Attendee information

First name

Enter learner's first name

Last name

Enter learner's last name

Date of birth

dd / mm / yyyy

or choose: Over 18

Please tick any statements that apply to this child:

- Is a Southwark resident
- Has an EHCP
- Attends a special school
- Open to All Age Disability Service

If you are waiting for an EHCP assessment or outline, please explain here:

Add your answer here

Name of social worker or assigned practitioner (if applicable):

Add your answer here

Select the type of school this child attends:

Select an option

What is the name of this child's school?

Select an option

Please select any dietary requirements for this attendee:

- None
- Vegetarian
- Dairy-free
- Egg-free
- Wheat-free
- Gluten-free
- Nut-free
- Halal
- Kosher
- Vegan

What level of support does this child need in a SEND play setting?

Select an option

Please tick any Special Educational Needs & Disabilities (SEND) that this child has:

- Moderate Learning Difficulties (MLD)
- Severe Learning Difficulties (SLD)
- Profound & Multiple Learning Difficulties (PMLD)
- Autism
- Social, Emotional or Mental Health Condition
- Speech, language and communication difficulties
- ADHD
- Global Developmental Delay
- Visual Impairment
- Hearing Impairment
- Multi-sensory Impairment
- Physical Disability
- Other

If you have ticked 'other' SEND, please explain here:

Add your answer here

Likes and dislikes:

Add your answer here

How this child likes to communicate:

Add your answer here

Details of any equipment that the child uses:

Add your answer here

Details of any help needed with eating and drinking:

Add your answer here

Any help needed with eating and drinking:

Add your answer here

Details of any medical conditions or medication:

Add your answer here

Details of any allergies:

Add your answer here

Any other important information about the support this child needs:

Add your answer here

I understand that the provider or council may contact the school to confirm eligibility and/or for more information to help meet the child's needs.

I accept

Ethnicity

Select an option

I give permission for the provider to take and use photos or video of this child for promotional purposes.

Select an option

Holidays

- Social care funded holiday provision is delivered during the longer holidays only i.e. Easter, Summer and a small amount at Christmas
- Due to anticipated demand, holiday provision is capped at a maximum of **10 days/ 2 weeks per child per year** (subject to availability)
- Registration for holiday provision will open at least 4 weeks in advance of the holiday periods (longer at Summer if possible)
- Please note: At the moment regular afterschool and weekend clubs aren't capped but you may need to book on one term at a time

Specialist services

Specialist services

These are services for disabled children with the most complex needs, that require support over and above what is available through targeted services.

Access to specialist services is via an assessment with the All Age Disability Service.

For under 18s: Referral is via Southwark's MASH (Multi-Agency Safeguarding Hub). Telephone: 0207 525 1921; Email: MASH@southwark.gov.uk

For 18-25s: Referral is direct to the AAD duty team. Telephone: 0207 525 5372; Email: AADDuty@southwark.gov.uk

If eligible, a care plan will be agreed outlining what additional support will be made available to meet the family's needs.

Further information about the All Age Disability Team is available on the Local Offer website <https://localoffer.southwark.gov.uk/care/>

Useful links

Useful links

Local Offer

The local offer will continue to be the first port of call for information about short breaks - including activities funded by other parts of the council and external sources.

The links to book on via EEQU will be included on the local offer, alongside additional provision that may be available (i.e. what's listed on EEQU isn't necessarily the full offer!)

www.localoffer.southwark.gov.uk

Southwark Short Breaks Landing Page

This link can be shared with eligible families to register: www.eequ.org/southwarkshortbreaks

Further information for practitioners

Short Help Article and Video – How a practitioner can help a parent/ carer to book a targeted short break

<https://help.eequ.org/en/articles/8976743-how-a-practitioner-can-help-a-parent-to-book-a-send-short-break>

Feedback

Have your say

Please take a couple of minutes to provide feedback on today's information session and any recent experiences of booking or accessing short breaks

Scan this QR code or go to <https://forms.office.com/e/WbE1Trr85V>

