



Burgess junior parkrun

Sundays – 9 am

Burgess Park, Albany Road, Southwark. SE5 0RJ

Access Sport Headlining on Sunday 9th June



**Access
Sport**

Supporting Burgess junior parkrun to be more inclusive



Burgess junior parkrun

- Burgess junior parkrun is a free, fun and friendly weekly 2k event for children and young people aged 4 to 14 years old
- It takes place every Sunday at 9 am at Burgess Park, Southwark
- junior parkrun is open and inclusive to everybody from all backgrounds, disabilities and abilities
- You can walk, run, scoot and use mobility aids along the route and can complete as much or as little of the route as you'd like
- Families and friends can also participate together
- You can find out more information about the event here: <https://www.parkrun.org.uk/burgess-juniors/>
- Parent/ guardians who ultimately have responsibility for the welfare of their children
- Children under the age of 11 must be accompanied to/ from an event by a responsible adult and the responsible adult must remain in attendance for the duration of the event



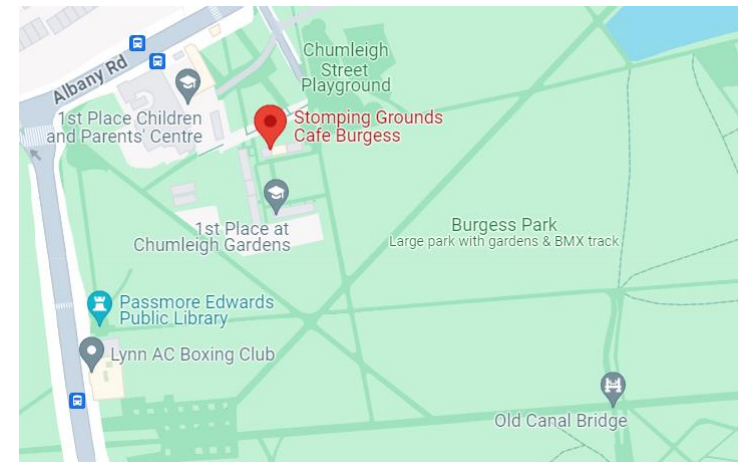
Event Information

When

- Every Sunday
- Arrival Time: anytime from 8.50 am, warm up and start at 9 am

Where

- Burgess Park, Albany Road, Southwark, SE5 0RJ (next to the Stomping Grounds Café). This is a 10-minute walk from the Camberwell Road end of the park (where the Saturday Parkrun starts from) and a 10-minute walk from the Old Kent Road end of the park



How do I book?

- You must be registered prior to the event [here](#)
- On the day, please bring your scannable barcode when you register if you'd like to receive a final time
- If you don't wish to receive a time, please still register and turn up on the day

How much does it cost?

- The event is free for all participants





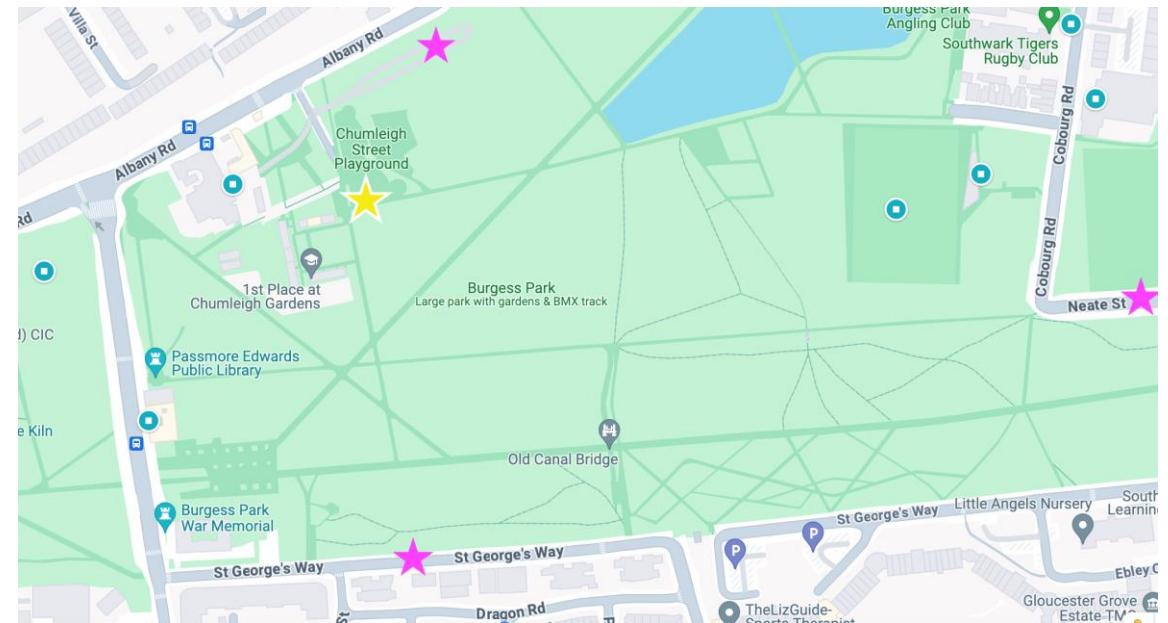
How to get here

Parking

- The postcode by car is SE5 0RJ, Chumleigh Street.
- The closest park entrance is on Albany Road which runs between Camberwell Road and Old Kent Road
- The small Burgess Park car park is in the park accessed by Chumleigh Street off Albany Road. It costs £2 per hour, pay by phone, location 802506.
- The closest on street parking is Thurlow Street and is free on Sundays. Surrounding roads are also free.

Public transport

- The closest bus stop to the start is 'Albany Road/ Wells Way' served by the 42, 136 and 343.
- The closest underground is Elephant and Castle which is a 30-minute walk or short bus by 136 or 343.





Facility Information

Facilities

- There are public toilets at Chumleigh Gardens including a disabled toilet (Albany Road side of the park) and the tennis centre (Camberwell Road end of the park)
- There is also a coffee shop at Stomping Grounds Café
- The closest Changing Places toilet is Cambridge House which is open to the public on Sundays from 9.30 – 3 pm – [find out more here](#)
- The venue is outside in a public space
- Outside seating is available
- Water is available from the cafe
- Volunteers are first aid trained. Please see information about safeguarding and welfare [here](#)



Course Information

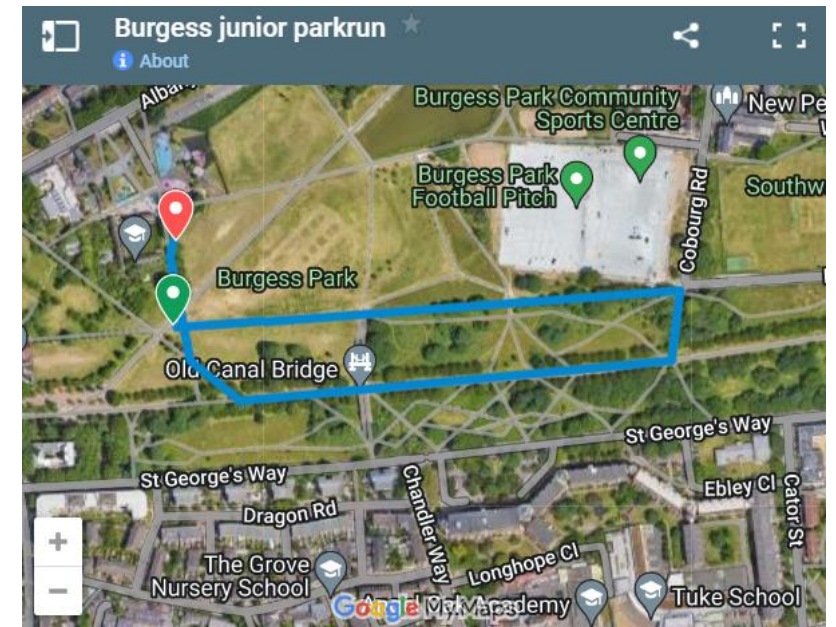
- The course is 2000m (2k) long
- The course is run on a mixture of tarmac paths and grass.
- The course will be marshalled so that juniors will be in sight of a volunteer at all times.
- The course is two laps of a rectangle (including two trips under the Bridge to Nowhere), then a short leg towards the playground to reach the finish line

What should I wear?

- Wear suitable clothing and shoes for running/ walker and the weather
- Please bring a drink and any medication you may need

Please note:

- Photography or filming is likely to take place at junior parkrun events. Please see our photos page for more details.
- Lyme Disease is a bacterial infection spread to humans by infected ticks. Consider protecting yourself by wearing repellent when at parkrun events in grassy or wooded areas. See lymediseaseuk.com for further details.





How is junior parkrun accessible and adapted to my needs?

- junior parkrun is inclusive and accessible to d/Deaf, disabled and neurodivergent young people
- Parents, carers and siblings are welcome to participate together
- The course is inclusive and accessible to wheelchair and frame users
- You can walk, wheel or travel however you wish round the course
- You can also travel at a pace that works best for you
- The timed course is two laps, but you can complete as much or as little as you wish – we just ask you to stick to the course
- Volunteers can adapt their warmup to suit your needs and are there to help you throughout your time at junior parkrun
- You can start further back from the starting runners, so you have more space when it starts
- Access Sport are supporting Burgess junior parkrun to be more inclusive.
- For more information, get in touch – Disability.Inclusion@AccessSport.org.uk



Contact details

- **Who can I speak to if I have any questions?**
- Please contact Burgess junior parkun
- E – burgessjuniors@parkrun.com

- **Further Information**
- junior parkun – <https://www.parkrun.org.uk/burgess-juniors/>
- Access Sport - <https://www.accesssport.org.uk/london>