



***Spear
Programme***

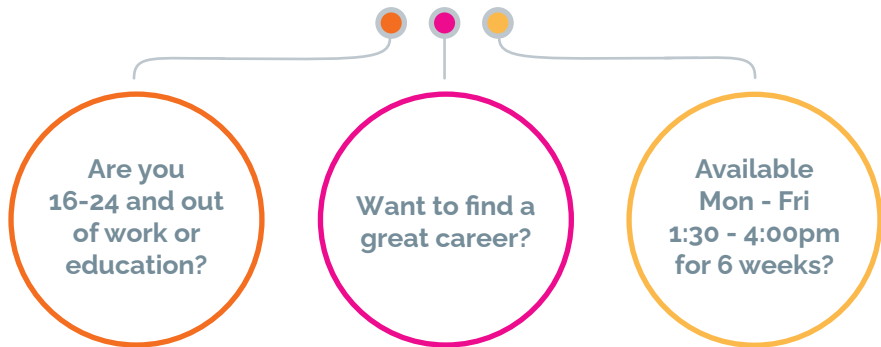
Looking for work?

spear
kennington


a resurgo
partner

Is it for me?

The Spear Programme is a free interactive course to help you overcome any challenges you face and get into work or education



We work with young people from all backgrounds facing barriers to employment.

What's in it for me?



Spear Foundation:

Six weeks of coaching within a fun and friendly community, designed to:

- get you into work or education
- improve your confidence
- help you develop an impressive CV
- provide interview training & practice
- offer job and training opportunities



Spear Career:

A year of coaching to fast-track your career, including:

- 12 months of personalised support
- job application workshops
- access to exclusive job opportunities
- regular catch-ups with your Coach

The Spear Programme is an initiative of Resurgo Trust

Khadeejah's story

I got kicked out [of school] for being pregnant. ... I got into a really dark place. I went from one bad situation to another bad situation. I was in that victim mindset of 'my life is so rubbish', [but] when I'd done Spear, I was like 'no, it doesn't have to be like that.'

Once I'd finished Spear, I was like, I can do anything. And I did. I went back to school, I did my GCSEs, I got my degree. [Spear] was like the building blocks to my everything. **I'm not gonna be just another statistic, I want to be the change.** Now, I'm hopeful for the future and I'm looking forward to my career.



Khadeejah completed the Spear Programme more than 10 years ago, in 2014. She is now a registered mental health nurse. Watch her tell her story:



Programme start dates

Register online or text your local
centre for more info
(see over for details).



*Our programmes are delivered in person,
completely for free.*



Sign up:

joinspear.org



or use
the QR
code

Kennington

Call: 020 7352 4266
Text: 07802 723 315

St Mark's Kennington
337 Kennington Park Road
London, SE11 4PW

*Spear Kennington is a
registered charity 1100885*

Bethnal Green

Call: 020 3475 0432
Text: 07496 567 055

Camden

Call: 020 3475 0428
Text: 07587 957 427

Clapham Junction

Call: 07512 147 694
or 07756 832 287

Hammersmith & Fulham

Call: 020 8748 5824
Text: 07837 790 714

Islington

Call: 020 3475 0426
Text: 07375 485 344

North Kensington

Call: 07802 883 858
Text: 07754 854 113 or
07715 657 279



@resurgospearprogramme
www.resurgo.org.uk/spear

What our trainees say...



“My attitude has changed. I am now ready for work. I’m no longer in the victim mentality; I’ve got the power mentality of I can do it, and I will do it.”

- Anika, Spear Bristol

“I’ve struggled with mental health basically my entire life. ... Spear has given me a new lease on life. I feel alive again for the first time in... I can’t remember the last time.”

- Julian, Spear Leeds

“Coming to Spear has shown me skills that were there, and brought out something within me that I didn’t know I had. It’s been one of the best decisions of my life.”

- Qasim, Spear Preston

First name

Surname

Date of birth

Phone number

Email address

Preferred
centre

Camden

Islington

Clapham Junction

Kennington

Bethnal Green

Hammersmith &
Fulham

North
Kensington

Preferred
start date

17 Sep '24

5 Nov '24

14 Jan '25

4 Mar '25

6 May '25

24 Jun '25

By giving us your details, you are agreeing that you can be contacted by email and phone regarding the Spear Programme. We promise not to pass your details on to any third party. Your information will be stored and used in line with our privacy policy: resurgo.org.uk/privacy. Please contact us if at any point you no longer wish to hear from us.