

Parent workshop on Understanding and supporting behaviours

Join us for an informative workshop for parents' carers living in Southwark and Lewisham, of autistic young people aged 15 to 25 delivered by Emily Rhoades RFA behaviour support and training manager



During this session we will be looking at the following:

Explore the four functions of behaviour.

Consider proactive strategies to reduce anxiety and behaviours of concern.

Present the stages of crisis

Discuss specific communication approaches to reduce perception of demands

Share questions, ideas and concerns in a safe space

Free refreshments

When : Thursday 28th November 10.30 am to 2.00pm

Who for : Parent/ carers in Southwark/ Lewisham of autistic young people aged 15 to 25

Where: First floor The Fellowship Inn, Randlesdown road London SE6 3BT

Cost: Free to all parents in Southwark/ Lewisham

How to sign up: Sign up via this link

<https://www.eventbrite.co.uk/e/understanding-and-supporting-behaviours-tickets-1033689020687?aff=oddtcreator>

Registration by the 23rd of November 2024

Or email nazia@resourcesforautism.org.uk for further information.