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**☕ SIV Coffee Morning: Imago (Young Carers) & Adolescent Sure Start
📅 Date: Tuesday, 6th May 2025
⏰ Time: 10:00 AM – 1:00 PM
📍 Location: Links Community Centre, 353 Rotherhithe New Road, SE16 3HF 📌 Open to: Parents and carers in Southwark**

**About the event:**Join us for a relaxed coffee morning where you can meet teams from **Imago (Young Carers)** and **Adolescent Sure Start**.

* **Imago (Young Carers)** provides a safe space and support for siblings of children with SEND — recognising the unique role they play within the family.
* **Adolescent Sure Start** supports young people aged 11–19 (or up to 25 with SEND) and their families in Southwark.
* Come along to learn more about what support is available for your family.

**Event:** **Autism Girls & Keeping it All Inside**

 **Presented by The AUTISM GIRLS NETWORK**

**📅**  **14th May 2025
⏰ Time: 7:00 PM – 8:30 PM (90 mins)**

**🌐 Virtual (online)**

**📌 Parents and carers in Southwark**

**🎟️ Book you place by emailing**

 **info@southwarkiv.co.uk**

**How to spot signs, route to diagnosis and generalised support strategies.**

**This session will help to:**

Understand why autistic girls are often missed and their issues not validated:

* Understand the signs of an internal presentation of autism
* Understand the concept of autistic masking
* Understand the concept of autistic burnout
* Identify what being autistic means to the young person
* Build knowledge of aspects of an autistic profile that are common such as interoceptive issues and alexithymia – both can cause misunderstanding and anxiety in a school setting and it’s important that all are aware of them
* Identify what triggers dysregulation and what helps to self-regulate
* Understand sensory issues for autistic girls