




AUTISM SUPPORT TEAM

Training Offer for Southwark Primary Schools 2025-2026

Training	Aims
AET Making Sense of Autism	<ul style="list-style-type: none"> To extend your understanding of how autism affects pupils in school To increase your expertise in recognising a pupil's individual strengths and differences To develop your skills in identifying barriers to learning for autistic pupils
AET Good Autism Practice	<p>Please attend the AET School Making Sense of Autism prior to signing up for this course</p> <ul style="list-style-type: none"> Develop knowledge and understanding of good autism practice Understand practical strategies and approaches that support autistic pupils Ensure inclusive practice for all autistic pupils.
AET Autism and Anxiety	<ul style="list-style-type: none"> To understand how autistic pupil might express anxiety. To understand factors and triggers for anxiety in autistic pupils. To understand what you can do to prevent, reduce and effectively manage anxiety in autistic pupils.
AET Developing Toileting Skills for Autistic Pupils	<ul style="list-style-type: none"> To understand the importance of working with others to support children to develop independent toileting skills. To develop knowledge of how to support children to achieve toileting independence. To plan and deliver a child-centred toileting plan, that will ensure children make progress in developing toileting skills.
Autism and Girls	<ul style="list-style-type: none"> To understand the history of Autism research and how this relates to gender To understand how Autism may present differently for children of different genders To know a range of strategies to support Autistic girls in school To relate your understanding of Autism to girls at your school (diagnosed or undiagnosed)
 <p>Behaviour Series - Session 1: Understanding behaviour and how</p>	<p>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order. Before attending the live sessions (2, 3 & 4), it is advised that you watch the 'Understanding Behaviour and how to record ABCs' prerecorded session.</p> <p>Session 1 (pre – recorded session)</p> <ul style="list-style-type: none"> To gain a greater understanding of the functions of behaviour To have opportunities to practice completing ABC charts

to record ABC charts

Session 2: Analysing ABC charts

Session 2

- Analyse ABC charts to understand behaviour, including looking at environmental factors, task demands, relationships with adults, communication challenges and sensory differences.
- To be able to identify patterns and unpick root causes of behaviours
- To analyse the function of behaviour and how this results in action.

Session 3: De-escalation

Session 3

- Developing an 'Unconditional Positive Regard' culture across the whole school setting
- To develop practical skills in conflict resolution in the school setting
- To understand the root causes of escalating situations and our role within them
- Understanding when to challenge and when to support in a child-centred way
- Developing scripts for staff to use to communicate effectively in heightened situations.

Session 4: Developing Behaviour Support Plans

Session 4



- Develop behaviour support plans by focusing on what students can do at their best and gaining pupil and parent voice.
- Learn about behaviour theories through an autistic lens
- Understanding who the support plan is for and how best to update and evaluate
- Creating a living document which reflects the current successes and challenges being addressed at school and in the home
- Make links to your school behaviour policy

Engagement Model

- To develop understanding and knowledge of the Engagement Model
- To identify pupils for whom the model would be appropriate for
- To write Engagement Profiles about specific autistic pupils you work with
- To confidently assess using the Engagement Tool and Profile in unison.

Social Narratives

- To use a visual approach to unpick social situations with an autistic child
- To write a social narrative to model appropriate social interaction by describing a situation with relevant social cues, others' perspectives, and suggested appropriate responses.

Structured Teaching (TEACCH)	<ul style="list-style-type: none"> To gain an understanding of how structured teaching can support pupils Learn how to set up a structured teaching system and introduce it to a child
Understanding behaviour and how to record ABC charts	<ul style="list-style-type: none"> To gain a greater understanding of the functions of behaviour To have opportunities to practice completing ABC charts
Using visuals to support autistic pupils	<ul style="list-style-type: none"> To develop understanding of why and how visuals support autistic children Learn how to use a range of visual supports in class to support autistic children Opportunities to see examples of a range of visual supports
 AET Developing Play in the Early Years	<ul style="list-style-type: none"> Understand how the three areas of difference in autism impact on the development of play skills. Understand the importance of all adults working together to support the child to develop play skills. Develop knowledge of how to support autistic children to develop play skills. Create and deliver a plan to ensure progress in play skills, which includes consideration of how to remove barriers and make reasonable adjustments.
 Supporting Transition and Change with Autistic pupils	<ul style="list-style-type: none"> Explore different types of changes and transitions pupils experience at school. Understand why change is difficult for some Autistic people. Gain practical strategies and tools to support Autistic people during times of change or transition.

All our training this academic year will be online. Delegates will receive a Teams link with attached resources 2 days before the training.

Recorded training sessions

For the academic year 2025 – 2026 we are offering several of our most popular sessions as video recordings for staff to watch at a time that is convenient to them. Below is a registration link to each of the sessions.

We kindly ask that every individual staff member who wishes to access a specific session register separately.

Whilst you are free to watch the training session as a staff group, for insets, team meetings, we ask that you do not register for a session as an individual when you intend to view as a group.

This is so that we can continue to keep track of training attendance across schools and identify staff who have attended sessions.

Each registration includes a pre-course evaluation for the individual to complete, the post – course evaluation will be sent with the video link.

We kindly ask that all attendees complete the pre and post so we can use this as one measure of training impact.

Pre-recorded Training Offer	Link
Using Visuals to support autistic pupils	Register
Structured Teaching (TEACCH)	Register
Understanding behaviour and ABC charts	Register
Social Narratives	Register

AUTUMN TERM DATES

Training	Dates	Link
AET Making Sense of Autism	Tuesday 07/10/25 1:30-4:30pm Tuesday 18/11/25 1:30-4.30pm	Register
AET Good Autism Practice	Tuesday 14/10/25 1:30-4:30 pm Thursday 04/12/25 1:30-4:30 pm	Register

AET Autism and Anxiety	Thursday 18/9/2025, 1:00 – 3:30pm Thursday 20/11/2025, 1:00 – 3:30pm	Register
AET Developing Toileting for Autistic Pupils	Monday 29/09/25, 1:00-3:00pm Tuesday 11/11/25 1.00 - 3.00 pm	Register
Autism and Girls	Thursday 27/11/25, 3:30-5:30pm	Register
Behaviour Session 2: Analysis of ABCs	Monday 06/10/25, 4:00-5:00pm	Register
Behaviour Session 3: De-escalation	Monday 03/11/25, 4:00-5:00pm	Register
Behaviour Session 4: Developing Behaviour Support Plans	Tuesday 02/12/25, 4:00-5:00pm	Register
Engagement Model	Wednesday 10/09/25, 3:30-5:00pm Thursday 13/11/25, 1:30-3:00pm	Register
AET Developing Play in the Early Years	Thursday 18/09/25 1.30-3.30 pm Tuesday 11/11/25 1.30-3.30 pm	Register
Supporting Transition and Change with Autistic Pupils	Tuesday 30/09/25 3:30-5:30pm	Register

SPRING TERM DATES

Training	Dates	Link
AET Making Sense of Autism	Tuesday 20/01/26 1:30-4:30 pm Thursday 05/03/26 1:30-4:30pm	Register
AET Good Autism Practice	Tuesday 03/02/2026 1:30-4:30pm Thursday 19/03/26 1:30-4:30pm	Register
AET Autism and Anxiety	Wednesday 14/01/2026, 1:00 – 3:30pm Wednesday 18/03/2026, 1:00 – 3:30pm	Register

AET Developing Toileting for Autistic Pupils	Tuesday 10/02/26 1:00-3:00pm Thursday 23/04/26 1.00 - 3.00 pm	Register
Autism and Girls	Tuesday 13/01/26, 3:30-5:30pm Monday 09/03/26, 1:30-3:30pm	Register
Behaviour Session 2: Analysis of ABCs	Monday 19/01/26, 4:00-5:00pm	Register
Behaviour Session 3: De-escalation	Wednesday 04/02/26, 4:00-5:00pm	Register
Behaviour Session 4: Developing Behaviour Support Plans	Tuesday 03/03/26, 4:00-5:00pm	Register
Engagement Model	Thursday 15/01/26, 3:30-5:00pm Wednesday 25/02/26, 1:30-3:00pm	Register
AET Developing Play in the Early Years	Thursday 15/01/26 1.30-3.30 pm Tuesday 10/03/26 1.30-3.30 pm	Register
Supporting Transition and Change with Autistic Pupils	Monday 23/03/25 1:30-3:30pm	Register