

Get back on track with skills programmes designed to help you get into work, education or an apprenticeship

If you are aged 16-24, and not already in employment, education or training, our Bounce Back programme can help you get back on track

You will get expert advice and guidance to support you on your chosen track, whether that's looking for work, getting back into education, an apprenticeship or traineeship.

We will offer you training with the option of gaining a nationally-recognised qualification plus activities to boost your confidence and employability skills.



You will have your own advisor who will support you every step of the way

For more information please contact:

Telephone: 020 7391 6428

Email: esf@capitalcct.ac.uk

16-24 Supporting NEETs Project

020 7391 6428 esf@capitalcct.ac.uk capitalcct.ac.uk/bounceback