# **Next steps – Autism Parent Training**

**Do you have a child on the autistic spectrum under the age of 5?**

**Are you interested in attending a parenting support programme to gain greater understanding of your child’s condition?**

Next Steps is a parenting course presented by professionals with expertise in the field of autism.

**To attend, the only requirements are that you reside in Southwark and are the parent/carer of a child who is on the autistic spectrum.**

The online course runs for six weeks (one day per week) and participants will receive pre-recorded YouTube sessions, each approximately 30-60min in duration, with additional information and handouts for every session.

Session topics include:

* Introduction to Autism Spectrum Disorder
* Sensory differences
* Social interaction and play
* Understanding of communication
* Use of communication
* Behaviour, emotions and routines

In addition to the course material, you will have an opportunity to meet other parents via Zoom platform (https://zoom.us/), where you can exchange experiences and strategies that you are using to support your children.

**To register your interest in attend the course please fill in the form** [**here**](https://forms.office.com/Pages/DesignPage.aspx?fragment=FormId%3DBs-t94-VxES8HDOe3ZCQPc613RA5-vxFrP18AWHxMadURDFSMEwwMzM5NzZZUzg0STk1NkZET0hVUC4u)