# **Cygnet – Autism Parent Training**

**Do you have a child on the autistic spectrum aged 5 -18 years old?**

**Are you interested in attending a parenting support programme to gain greater understanding of your child’s condition?**

‘Cygnet’ is a parenting course presented by professionals with expertise in the field of autism.

**To attend, the only requirements are that you reside in Southwark and are the parent/carer of a child who is on the autistic spectrum.**

The course runs for six weeks (one day per week) and each session lasts for 2.5 hours. Session topics include:

* What is Autism?
* Communication
* Sensory Issues
* Understanding Behaviour
* Managing Behaviour

**To register your interest for this course fill in the form** [**here**](https://forms.office.com/Pages/DesignPage.aspx?fragment=FormId%3DBs-t94-VxES8HDOe3ZCQPc613RA5-vxFrP18AWHxMadUMFJBSDlMMlVUMElaWU1MSE42QzRST040Si4u)