



AUTISM PUBERTY, SEXUAL WELLBEING AND RELATIONSHIPS

For parents of a child on the autistic spectrum, coping with the onset of puberty and their child's emerging sexuality can be challenging. Knowing what to teach, how/when to teach it and what to expect can be daunting.

These three sessions have a different delivery style to the Cygnet core programme. Because of the nature of the subject matter it was felt that a far more activity-based approach would put parents at ease more quickly and therefore enhance learning and mutual support.

- **It is available to parents with children over the age of 9**
- **It is being run as a whole day session or three separate sessions**
- **It is run face to face at 160 Tooley St, London, SE1 2TZ**

Whole day session

Monday 15th August 2022 – 9.30-4.30pm

Or

Three separate sessions (attendance at all sessions required)

Puberty - 2nd August 2022 – 3.30pm-5.30pm

Sexual wellbeing - 9th August 2022 – 3.30pm-5.30pm

Relationships - 16th August 2022 – 3.30pm-5.30pm

Register your interest [here](#)