



# AUTISM PUBERTY, SEXUAL WELLBEING AND RELATIONSHIPS

For parents of a child on the autistic spectrum, coping with the onset of puberty and their child's emerging sexuality can be challenging. Knowing what to teach, how/when to teach it and what to expect can be daunting.

These three sessions have a different delivery style to the Cygnet core programme. Because of the nature of the subject matter it was felt that a far more activity-based approach would put parents at ease more quickly and therefore enhance learning and mutual support.

- **This is a course for parents – your children do not need to attend**
- **It is available to parents with children over the age of 9**
- **It is run face to face at 160 Tooley St, London, SE1 2TZ**

## **Whole day session**

Monday 24<sup>th</sup> October 2022 – 10.00-4.30pm

Or

9<sup>th</sup> December 2022 – 10.00-4.30pm

**Register your interest [here](#)**