

# Interns and Outcomes

## Mencap's Supported Internship Programme

### Participation

- Community presence
- Getting involved
- Making friends

### Employability

- Work experience
- CV building
- Finding a job

### Looking after yourself

- Building resilience
- Mental health and wellbeing support
- Keeping active



### Education

- Developing Maths and English and ICT
- Setting and meeting learning aims

### Getting the right help

- Job coaching
- Planning ahead
- Careers Advice

### Independence

- Travel training
- Confidence Building
- Aspiration setting

A Supported Internship is an employer-based learning programme. The aim is to support SEND young people aged 16-24 with an Education, Health and Care plan who want to find work to develop the skills, knowledge and experience to progress into employment.

The main feature of the programme is a long-term work experience placement providing an on the job learning opportunity in a real work setting. The expected outcome is a paid job either with the host employer or with another company.



## More about the programme

Mencap will work with each young person to identify the right career path for them. We include a careers discussion with a Level 6 qualified Career's Leader and identify which roles and sector each intern is best suited to.

As a nationally recognised charity, we have existing relationships with large and small companies and we can use these to make sure each intern finds the best placement to help progress their career.



## What is included in the programme?

### Supported Internship

- Supported Work experience placement
- Dealing with Problems
- Working with Supervision
- Communication skills
- Equality Diversity & Inclusion
- Time management
- CV Writing
- Interview skills
- Workplace visits
- Health & Safety at work
- Workplace behaviours & expectations
- Transferrable skills
- Securing paid work as the desired outcome!

To find out more you can visit the Supported Internship pages on Mencap's website:

<https://www.mencap.org.uk/advice-and-support/education-skills-and-work/supported-internships>