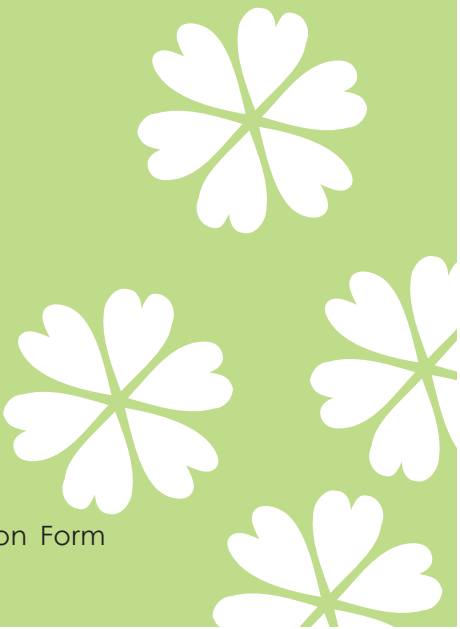




# Dance-theatre

for participants with learning disabilities  
at the Southwark Resource Centre | Adults



Information Leaflet and Registration Form  
**Spring 2017 | 8 May – 17 July**

This booklet contains information about dance-theatre classes for adults with learning disabilities run by *involuntarymovement* and managed by the Southwark Disablement Association (SDA) at the Southwark Resource Centre.

Our classes are fully inclusive.

**Open classes** are particularly suited to participants who have profound and multiple learning disabilities.

**Performance workshops** are designed to be accessible to participants who have moderate to severe learning disabilities.

We welcome and encourage participants of all physical abilities and backgrounds.

Support workers accompanying participants are welcome to join us free of charge. We require support staff to take part in class. Please ask us for our support worker information sheet for more details.

A registration and referral form is included within this booklet.

## Open classes

For anyone wanting to have fun using movement and creative dance, with a bit of drama. We start with a warm-up which can be done either standing or sitting on a chair or wheelchair. We then make up a dance together and share it with each other at the end of each class.

You can come in for just one session, but we encourage you to book for the whole term, as the number of available places are limited.

**£ 12 per session**

## Performance / Creative workshops

Our performance workshops start off in the same way as our open classes. Over the course of the term we put the dances from different sessions together and make longer sequences. Participants can then take a recording of their performance home to share with family and friends.

Please note that because each session builds on previous work, our performance / creative workshops are bookable for the whole term only.

**£ 120 per term of 10 sessions**

# Section 1:

## Participant contact details

Please fill this registration form when you take part for the first time in dance-theatre classes run by involuntarymovement at the Southwark Resource Centre.

We need this information to be able to contact you and inform you of practical and other arrangements about the classes.

This form may be filled by the participant or a person wishing to refer a participant.

Please provide the following information for Southwark's monitoring:

How would you describe your ethnicity:

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Are you FACS eligible?

Yes

No

Don't know



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: \_\_\_\_\_



Postcode at home address: \_\_\_\_\_

Full address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Phone number: \_\_\_\_\_



Email address: \_\_\_\_\_



Emergency contact person: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

Emergency contact phone number: \_\_\_\_\_

\_\_\_\_\_

## Section 2:

### Participant medical and care needs

Neither SDA nor involuntary movement are able to meet any medical needs, provide any medical assistance, or personal care.

We ask for a minimum of medical information about conditions that might affect your participation in classes, so that we can facilitate your access to them.

If you require assistance for personal care, we ask that you bring your carer with you to class.

 Do you require assistance for personal care?

Yes

No

- Do you have any conditions that might affect your participation in class? (e.g. epilepsy, hearing impairment, visual impairment):

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- Is there any other information you might like to give us to help us facilitate your participation in class? (e.g. particular likes and dislikes, likelihood of behaving aggressively under some circumstances):

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## **Section 3:** Referrer details

Fill in this section only if you are referring a participant.



Name: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

Full address including postcode: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Emergency contact colleague: \_\_\_\_\_

Emergency contact phone number: \_\_\_\_\_

Reason for referral: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Section 4:

### Class schedule **spring 2017**

We offer the following weekly classes. Depending on the availability of places, you can participate in more than one class. You can always change.

- Please indicate below the class in which you would like to participate:

#### **Inclusive dance-theatre (LD) suited to participants with profound and multiple learning disabilities**

Drop-in

Full-term

#### **Open class (LD)**

Mondays at 3.30pm – 5pm

#### **Inclusive dance-theatre (LD) suited to participants with moderate to severe learning disabilities**

Drop-in

Full-term

#### **Performance workshop (LD)**

Mondays at 6pm – 7.30pm

Please wear comfortable clothes in which you can move freely. Please also wear sensible shoes, with no heels. You can participate in classes barefoot.

Changing facilities are available at the venue. Please remove all jewellery and watches before class starts.

**LD classes autumn term** 8 May – 17 July  
(break on 29 May)

Open class (LD)



**3.30pm – 5pm**

**LD classes autumn term** 8 May – 17 July  
(break on 29 May)

Performance workshop (LD)



**6pm – 7.30pm**



# Dance-theatre classes

## Southwark Resource Centre for Independent Living

For more information, contact:


**Ali Kaviani** @ ali@involuntarymovement.co.uk

 07732568484

You can also find him every Monday and Tuesday



at

 Southwark Resource Centre  
10 Bradenham Close  
SE17 2QB  
Access via Westmoreland Road

