



# COMMUNITY CLUBS

multi-sports sessions for all disabled people aged 11 to adults



## WEST REGION CLUBS

### Club Brent

Saturday | 2pm - 5pm  
Willesden Sports  
Centre - NW10 3QX  
£6

### Club K & C

Saturday | 12.30pm - 2pm  
Kensington Leisure  
Centre - W10 6EX  
£2

### Club Hillingdon

Saturday | 11am - 1pm  
Botwell Leisure  
Centre - UB3 2HW  
£2

### Club Westminster

Thursday | 4pm - 6pm  
Little Venice Sports  
Centre - W2 1ND  
£1

## EAST REGION CLUBS

### Club Islington

Saturday | 11am - 1pm  
Sobell Leisure Centre  
N7 7NY  
£3

### Club Hackney

Thursday | 11am - 12:30pm  
Queensbridge Leisure  
Centre - E8 3XW  
£2.50

### Club Tower Hamlets

Thursday | 5:30pm - 7pm  
Mile End Park Leisure  
Centre E3 4HL  
£1

## SOUTH REGION CLUBS

### Club Lambeth

Tuesday | 4:30pm - 6pm  
Brixton Recreation  
Centre - SW9 8QQ  
£2

### Club Southwark

Saturday | 2.30pm - 4pm  
Castle Leisure Centre -  
SE1 6FB  
£2

### Club Sutton

Saturday | 11am - 12:30pm  
David Weir Leisure  
Centre - SM5 1SL  
£2.50

### Club Wandsworth

Tuesday | 4:30pm - 6pm  
Caius House Youth  
Centre - SW11 3RL  
£2

## WEEKLY TERM-TIME

## SESSIONS

SEPT 2016-JULY 2017



## COME JOIN IN THE FUN!

For more information:

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[www.disabilitysportscoach.co.uk](http://www.disabilitysportscoach.co.uk)

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**New dance & golf sessions  
added in 2016 / 17**



LOTTERY FUNDED

